

# God's People Our Parish

## St. James and St Hugh, Kilbeggan and Rahugh

KILBEGGAN: Saturday Vigil 7.30 p.m. & Sunday 11 a.m.

Monday, Tuesday, Thursday & Friday 9.30a.m. Wednesday 7.30p.m. & Saturday 10a.m

Confessions ~ Saturday 10.30a.m. ~ 11.30a.m.

RAHUGH: Sunday 9.30 a.m. & Friday 7.30p.m.

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### First Sunday of Lent

7.30 p.m.

9.30 a.m. Crombie Family, Monassette

11 a.m. P.J. Smith 20th Anniversary, Parents Pat and Josephine Smith, and brother-in-law Patrick Egan  
Larry Carey, Sonnagh,  
James and Rosaleen Rock

### The Season of Lent



**Wednesday: Adoration of the Blessed Sacrament from 6.30p.m. - 7.30p.m.**

Wednesday 7.30 p.m. Aidan Lynam, First Anniversary

### Second Sunday in Lent

7.30 p.m.

9.30 a.m. 11 a.m.

Catholic Newspaper is on sale at the entrance for €3 per copy.

**The Irish Catholic**

**Thank You**

Plate : €1,030; Maintenance Fund: €345; Lenten Offerings: €10.  
Thanks to all who are so generous.



**The next meeting of the Parish Pastoral Assembly is on Tuesday 18th March @ 7.30 p.m. in the Parish Centre.**

#### Pope Francis' Intention for March: For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences. (see Pope's video on Parish website [www.kilbegganparish.ie](http://www.kilbegganparish.ie))



**The Cosy Café meets again on Tuesday 11th March, from 11am — 1pm in the Parish Centre. We will have music, tea, coffee and nibbles. The guest speaker for this session is Mary McKeown, Clinical Specialist Dietitian for Older Persons, who will deal with diet and nutrition. Bring a friend. Our aim is to make our Parish dementia friendly. All are welcome.**

#### Charity Shop - Open Monday to Friday 10am - 5pm.

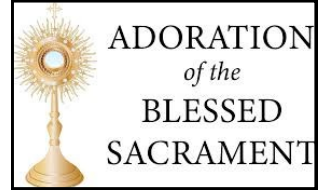
Wide selection of good quality clothing and household goods. We give Dóchas €750 each month to help those with cancer. The Charity Shop also supports the Cosy Café. **Thanks for your continued support.**





For those who wish to go to Confessions, I am available in the Confession Room (beside the organ) before Mass each Saturday from 7 p.m. until Mass time at 7.30 pm. Confessions also available every Saturday 10.30 a.m. – 11.30 a.m. Confessions in Tullamore, Saturday: 12-1pm & 3pm – 4pm, and on the Eve of First Friday: after 10 am Mass.

**Adoration of the Blessed Sacrament every Wednesday evening from 6.30 p.m. until Mass time at 7.30 p.m.** There is also Adoration of the Blessed Sacrament on Monday mornings from 10 -11 a.m. and in Rahugh on Fridays 7—8.30 p.m. with Mass included at 7.30 p.m.



## "Pilgrims of Hope": What does it mean?

**We all need hope.**

**This year's Jubilee has a special theme: 'Pilgrims of Hope.'** In choosing the motto 'Pilgrims of Hope', Pope Francis noted that 'We must fan the flame of hope that has been given to us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart, and far-sighted vision. The Jubilee can contribute greatly to restoring a climate of hope and trust as a prelude to the renewal and rebirth that we so greatly desire.'

We all need hope, that little spark that keeps us going even when things are tough. A "pilgrim" is someone on a journey, and this Jubilee reminds us that we're all on a journey through life. We're all searching for meaning and connection. "Pilgrims of Hope" means we're on that journey together, supporting each other and looking towards a brighter future. It's about finding hope within ourselves and sharing it with others.



- 1. Be cheerful.** It's seriously important. Smile for goodness sake.
- 2. Make a morning offering, and say "Thanks"**
- 3. Read the Gospels.** Really try to do this one. During Holy Week, read the accounts of Christ's passion.
- 4. Examine your conscience.** Try it every night. Where did I improve? Where didn't I?
- 5. Read the Catechism of the Catholic Church.**
- 6. Daily Mass.** Try going every day, or at least once or twice on weekdays.
- 7. Say the Rosary.** It is a weapon. Wield it.
- 8. Mortification.** Okay fine, this is giving things up. But turn it into a positive action: do penance.
- 9. Compliment someone who annoys you, and mean it.** You might be surprised at the joy this will give you.
- 10. Spend time in prayer of thanksgiving after Mass.** You aren't in that much of a hurry.
- 11. Go through your closet.** Give to the poor the things you don't wear.
- 12. Pray 10 minutes each day.** Set a time and stick to it. Difficult prayer is still prayer.
- 13. Accept small hardships.** Not grudgingly. Joyfully.
- 14. Go to Confession.** There is no joy like the joy you experience walking out of the confessional.
- 15. Pray for Pope Francis.**
- 16. Visit the Blessed Sacrament for an oasis.**
- 17. Persevere!** It's not about enthusiasm – that can fade. **It's about starting over again and again, with joy.**